Aran Fawddwy and Aran Benllyn from Cwm Cywarch	October 3rd 2021
Grade: Red+	**Number of dogs allowed: None**

A go4awalk "Wild Walk" taking in eight summits, the highest being Aran Fawddwy (a Hewitt, a Nutall and a Marilyn) at 905m it is the highest point in Wales south of Snowdon. Hopefully with glorious views while being gloriously quiet.

This is a long walk with too many changes of direction to list.

Mosquito wreckage on Aran Fawddwy

Aran Fawddwy.

Here is a link to the walk details
https://1drv.ms/b/s!Ai5321JYDtYSj20U2dxCMS33DTDX

Meeting time:	8.45	**Meeting Place:**	Cwm Cywarch carpark
Walk starts:	9.00	**Walk finishes:**	17.00
Distance:	19km	**Duration (incl stops):**	8.00
Ascent:	1234m	**Highest point**	Aran Fawddwy 905m

Terrain:	Paths and tracks. Some rock outcrops and possible boggy areas
Map/Area:	OS Explorer OL23
Starting point	Cwm Cywarch carpark. Grid ref SH853118. Nearest postcode SY20 9JG What3words: ///hike.memo.bugle

SAFETY

Let the walk leader know of any relevant medical conditions

Refer to the Handbook for walk related information and specifically for recommended walking equipment https://ohwc.org.uk/kit-list/ and safety information https://ohwc.org.uk/safety/

Remember you are responsible for being properly equipped

Ensure you have the walk leader's phone number in case of an emergency

If you become detached from the group **STOP**, call out; try contacting group by phone or text. If no contact return to the last place you were with the group. Wait 30 mins repeatedly trying to make contact. After 30 mins seek help and/or make your own way safely.